

CPD planned learning form – hospital pharmacy

1. What are you planning to learn?

I want to learn more about advanced inhaler technique.

This learning is relevant to me because I dispense inhalers to patients with respiratory conditions and there some new inhalers available.

This learning will help me to counsel patients on correct use of their inhalers.

2. How are you planning to learn it?

I plan to talk to colleagues with experience in this area and attend the advanced inhaler technique workshop organised by the WCPPE.

3. Give an example of how this learning has benefited the people using your services.

I learnt more about the common mistakes patients make when using inhalers. They inhale pMDI too fast and DPI too slowly. Inhalation of MDI (device that create an aerosol) should be gentle. While, inhalation of DPI (relies on the energy of inhalation) should be forceful.

Inhaler technique affects the effectiveness of the inhaled drug. Learning how inspiratory flow can affect drug delivery for different inhalers has helped me to help patients improve their inhaler technique and had a direct impact on improving their care. I have also updated our patient handout on inhalers. My confidence in counselling patients with respiratory conditions has improved. Some of my patients have told me that personalised counselling on inhaler use plus receiving the handout as an aide-memoire has been particularly useful and resulted in more appropriate use of their medication.

There is a description of what you want to learn

There is a description the relevance of the learning to your practice

There is a description how the learning will affect the people using your services

There is a description the options or activities you have selected to carry out

There is a description how you have applied the learning

There is a description how the learning – once you have applied it – has benefited the people using your services, illustrated with an example