

Accreditation and Recognition panel member

Name: Alastair Paterson

Team member

Job title: Clinical Pharmacist, Northumberland Tyne and Wear NHS Foundation Trust

Alastair is a graduate of Durham University School of Pharmacy where he was founding President of the Pharmacy Society in 2013, and President again in 2017 during the transition of the school to Newcastle University. During this time he worked with both students and staff to establish the society and represent the experience of pharmacy students throughout the wider university. He also contributed to the Interprofessional Education (IPE) strategy of the School of Medicine, Pharmacy and Health, co-authoring a paper on student experience in IPE.

During his undergraduate years, Alastair held key roles in the BPSA where he represented students in a number of projects covering professional development, education, and pre-registration.

In 2018, Alastair completed his pre-registration year at Newcastle upon Tyne Hospitals and became a registered pharmacist. Whilst in acute care he developed research interests in transfer of care communication and polypharmacy. He co-authored a paper on the impact of clinical guidelines as a driver for polypharmacy and conducted an audit which informed discharge template design.

Working in neuropsychiatric services, Alastair developed an interest in sleep medicine and the interaction between sleep and mental health. He carried out research on interventions to close the evidence-practice gap with respect to sleep medicine, and on championing non-pharmacological approaches to sleep which has since been published in the BJPsych Bulletin.