



Mr Alastair Paterson

Clinical Pharmacist, Northumberland Tyne and Wear NHS Foundation Trust

Al is a graduate of Durham University School of Pharmacy where he was founding President of the Pharmacy Society in 2013, and President again in 2017 during the transition of the school to Newcastle University. During this time he worked with both students and staff to establish the society and represent the experience of pharmacy students throughout the wider university. He also contributed to the Interprofessional Education (IPE) strategy of the School of Medicine, Pharmacy and Health, co-authoring a paper on student experience in IPE.

During his undergraduate years Al held key roles in the BPSA where he represented students in a number of projects covering professional development, education, and pre-registration.

In 2018, Al completed his pre-registration year at Newcastle upon Tyne Hospitals and became a registered pharmacist. Whilst in acute care he developed research interests in transfer of care communication and polypharmacy. He co-authored a paper on the impact of clinical guidelines as a driver for polypharmacy, and conducted an audit which informed discharge template design.

After qualifying he has pursued an interest in mental health, managing both the physical and mental conditions of patients with complex psychiatric polypharmacy. He is also undertaking an MSc in Clinical Pharmacy with a view to becoming an independent prescriber.