

## CPD planned learning form – locum practice

### 1. What are you planning to learn?

In my work as a locum, I was not able to deliver the Trimethoprim service as I had not been able to attend the training due to my full-time work commitment. I wanted to be able to provide this service, particularly because patients frequently present with symptoms of urinary tract infections. By completing the training I will be able to provide this service directly to patients without having to refer them to the out of hours service.

### 2. How are you planning to learn it?

- I will read the PGD documentation
- I will arrange to visit the pharmacy when the regular pharmacist is working so that he can cascade the training.
- I will discuss the PGD with the regular pharmacist and ask any questions I have regarding providing Trimethoprim and completion of any documentation.

### 3. Give an example of how this learning has benefited the people using your services.

Following the training and reading and signing the PGD I provided the trimethoprim service. I have regularly provided trimethoprim to female patients presenting with frequent urination, and pain on passing urine which met the criteria for trimethoprim supply. It is also important to know when not to supply Trimethoprim and I was able to refer a male patient with concerning symptoms of a urinary tract infection. It is not appropriate to supply Trimethoprim to male patients since urinary tract infection symptoms could be indicative of other underlying disease. Through this learning I have been able to offer a much-needed service to my patients on my Saturday locums, but I have also ensured patient safety by appropriately referring a male patient, who had a kidney infection.

There is a description of what you want to learn

There is a description the relevance of the learning to your practice

There is a description how the learning will affect the people using your services

There is a description the options or activities you have selected to carry out

There is a description how you have applied the learning

There is a description how the learning – once you have applied it – has benefited the people using your services, illustrated with an example