CPD planned learning form – mental health pharmacy

1. What are you planning to learn?

I want to update my knowledge and test the skills I have from my independent prescriber qualification. I have been a prescriber since 2010 and it is time to refresh my knowledge and skills. I need to ensure that I am up to date in my clinical skills and therapeutics, as well as the legal and ethical considerations around working as a prescriber in a mental health trust. Doing this will ensure my patients get the best possible service from me when I am prescribing for them. Prescribing in mental health can be challenging because patients have varying abilities to be involved in prescribing decisions due to the nature of their mental health condition, especially early on in their hospital admission or if they lack capacity.

There is a description of what you want to learn

There is a description the relevance of the learning to your practice

There is a description how the learning will affect the people using your services

2. How are you planning to learn it?

- Reading and understanding the differences between the old and new competency framework for prescribing
- Undertake an online training package designed to refresh prescribing skills.
- Read my employer's policies on prescribing.

There is a description the options or activities you have selected to carry out

3. Give an example of how this learning has benefited the people using your services.

I have now tested my knowledge and made sure I am up-to-date. As well as being able to support patients better with their medication and being more confident in making prescribing decisions, I have also been able to support people my team who have been training to become prescribers. Two have successfully completed their course and are now prescribers and I am supporting a third complete their portfolio. As a team we will continue to support one another with our prescribing practise and this means there are more competent prescribers available to support patients.

There is a description how you have applied the learning

There is a description how the learning – once you have applied it – has benefited the people using your services, illustrated with an example