CPD unplanned learning form – hospital pharmacy

1. **Describe an unplanned event or activity that enabled you to learn something new or refresh your knowledge or skills.**

   I attended a recent in-house hospital clinical meeting on paediatric nutrition.

   I learnt about different milk products and allergies and when you would use regular formula, hydrolysed proteins and amino acids. I also learnt about products included in our hospital paediatric formulary and when they should be used.

2. **Give an example of how this learning benefited the people using your services.**

   We sometimes receive enquiries from nursing staff and parents about paediatric nutrition. My confidence and understanding of the issues faced by parents of babies with intolerances and allergies has improved. When I receive a prescription I can now safely validate it and supply the appropriate product for the patient.

   Last week, for example, I received a prescription for a particular milk product for a 9 month baby. I checked the paediatric formulary and confirmed that the product was appropriate for the child and the dosage correct.

   I am interested in finding out more about paediatric medicines and plan to attend other clinical meetings related to paediatrics.