CPD unplanned learning form – locum practice

1. Describe an unplanned event or activity that enabled you to learn something new or refresh your knowledge or skills.

I attended an in-house hospital lunchtime training session on dressings. The pharmacist covered different types of dressings and had people try them on to see how they worked. This included dressings ranging from simple bandages to more specialist dressings containing iodine and silver. I learnt which brands are used as absorbent layers, have antimicrobial action, or used as a top covering to hold everything in.

2. Give an example of how this learning benefited the people using your services.

Since this training I had a patient come to the community pharmacy where I locum asking for a dressing to cover a small burn on his hand. It had not blistered, had scabbed over and not infected. He requested one of the specialist iodine dressings as he had used these in the past for another skin condition. From my learning I knew that the ones we had in stock did not have an adhesive around the edge and required a second dressing to cover it and hold in place. I also did not think this was needed for the patient as there was no sign of infection. On further questioning I found out the patient only required a dressing so that he would not knock the scab off or damage it further. I recommended a simple dressing, which is non-adherent, had an adhesive edge and can easier fit to the shape of a hand. This would provide a simple covering and help to keep the wound clean.

There is a description of the activity you took part in that enabled new learning
There is a description what you have learnt
There is a description how you have applied the learning
There is a description how the learning – once you have applied it – has benefited the people using your services, illustrated with an example