

CPD unplanned learning form – mental health pharmacy

1. Describe an unplanned event or activity that enabled you to learn something new or refresh your knowledge or skills.

I work at a mental health unit and had a query from the consultant psychiatrist, asking how we could provide pharmaceutical provision for a patient to leave the unit for one month. This was complicated because he was a Clozapine patient who needed to have bloods monitored and medication released only following blood results. The medication cannot be supplied where he was going because a different brand of clozapine and monitoring service was in use. I firstly had to think through the process and the issues involved in this medicine supply. I wrote a plan and list of issues to be resolved. My plan was approved by the Superintendents' office and we had key responsibilities outlined for all involved. This was then applied through a trial period.

There is a description of the activity you took part in that enabled new learning

There is a description what you have learnt

2. Give an example of how this learning benefited the people using your services.

This was a successful trial period for the patient and a team effort through effective communication between all healthcare professionals involved. The lead pharmacist on where the patient was located commented on how well I had organised it and kept everyone informed. This resulted in the patient being discharged back home following a four-week period back in the unit. I found this to be a safe and effective way to provide continuation of pharmaceutical care. In future, I would note that we need to allow plenty time for this to be arranged with all concerned and the process thought through very carefully on an individual basis. Using effective communication with the patient and team involved, we can use this protocol again alongside risk assessment and safer care considerations, for individual patients. If we have the same situation again I could readily organise medicines to be provided at a distance, thereby benefiting the patient's continuation of care and integration back into their local community.

There is a description how you have applied the learning

There is a description how the learning – once you have applied it – has benefited the people using your services, illustrated with an