Peer discussion form – locum practice

1. Please give the name, contact details and the role of your peer on this occasion*:

Name	XXXXX
Role	XXXXX
Organisation	XXXXX
Telephone	XXXXX
Email	XXXXX

***If you took part in a group peer discussion, please only provide details for one person from the group.**

2. Describe how this peer discussion changed your practice for the benefit of the people using your services.

My peer discussion occurred as part of a group of pharmacists and a GP. I work mainly as a part-time locum. As a group we had a discussion after a role play on consultation skills. My consultation skills have rarely observed by any other except the patient and the group, and the group gave me some constructive feedback on how I could improve.

My practice has changed because of the discussion - the feedback / coaching received has helped to positively shape the way I work. I sense I now have having more meaningful conversations from the patient's point of view as I now regularly get comments on how they feel about the conversation and how helpful I have been.

I recently had a consultation with a patient whose antidepressants had been changed. He had also been given a new sedative. He had refused to take the antidepressant and had taken a dose of the sedative and wanted to know whether the sedative was causing him not to sleep. By using the techniques, I learnt I was able to understand his feelings about the recent change in medication which explained why he had refused to take it. I was also able to establish what he hoped to achieve by visiting the pharmacy and what the effect on his daily life was. During our conversation he expressed appreciation for my listening and explaining things to him. We both agreed on a plan that he was willing to try.

> There is a description of why you chose your peer(s)

> There is a description how the process of peer discussion has benefited your practice

> There is a description how the process of peer discussion has benefited the people using your services, illustrated with an example